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CHARLEVOIX CITY COUNCIL MEETING, NOVEMBER 17, 2014

No Support of Swapping Here

Norma Jean Babcock

CHARLEVOIX: In what quickly became an eventful meeting with its three new members, City Council finally took a stand on the controversial land swap between St. Mary's Cement and the Michigan Department of Natural Resources.

A resolution was brought before council at the request of member Jeffrey Porter, who acknowledged that a similar resolution had been brought before council once previously and failed, but that he felt it was time city council "weighed in on this" matter.

Porter submitted resolution

2014-11-07 which states in part that "the City of Charlevoix wishes to maintain the existing safe and convenient access to the park and to preserve campgrounds, trails and recreational land in the Northern end of the Fisherman's Island State park within Charlevoix Township...' after which it indicates that the City will support "the continued access to the Fisherman's Island State Park..."

The resolution won't actually stop the swap, but will be sent to the DNR alongside a similar unanimously passed resolution from Charlevoix Township that stands in opposition to the swap. Jerry Puhl of Water and Air

Team Charlevoix (WATCH,) who was in attendance at the council meeting, explained that passing the resolution would send a message to the MDNR that residents of Charlevoix do not want the 416.3 acres to be mined by the cement factory.

"The people of this community are very passionate about Fisherman's Island State Park. The people want you to show support in voting for this resolution," stated

However, not all on council felt that taking such a strong stance was a good idea or even necessary. Newly elected First Ward representative Luther Kurtz recommended taking a balanced tac-

tic in dealing with the issue by eliminating the specific acreage stated in the resolution.

"It would be nice to see a proposal before we talk about a specific amount of acres," said Kurtz. He stated that even with the acreage taken out the message that the "land is still important to" citizens would be sent to

However strong feelings from other board members quieted Kurtz voice, as members Gibson, Porter, and Perron indicated that they wished to see the resolution pass as written, with specified acreage. Kurtz tried to soften the resolution by creating his own language that eliminated the

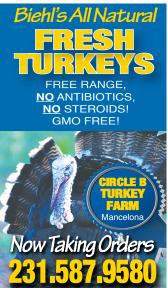
acreage when it came time to pass the resolution, but after a tie vote newly elected Mayor Gabe Campbell voted against changing the wording.

Council then voted on the resolution as presented, which was surprisingly given unanimous support by all members. Therefore, whether a swap between St. Mary's Cement and the MDNR comes to fruition or not, both the City of Charlevoix and Charlevoix Township have taken a stand to try and keep the entrance of Fisherman's Island State Park at its current location.

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The Boyne City football team and staff raise their Regional Championship high for all to see, following their 28-16 victory over Pine River. (PHOTO BY CINDA SHUMAKER)

East Jordan Lions Club Christmas Village



The East Jordan Lions Club is organizing its third Christmas Village in the East Jordan Tourist Park starting Dec. 4 and running through January 4, 2015. Area churches, schools, businesses, clubs, organizations and families are all invited to participate and decorate a site in the park with appropriate Christmas decorations. There is no charge to decorate a site and free electrical service is available at each site. The Christmas Village will open on Thursday, December 4th and you may enjoy hot chocolate and cookies. Applications for a site are available from any Lions Club member, the EJ Chamber office, or you may call Jeff Argetsinger at 231-582-2770.



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Earlier Than the Bird

By Tina Sundelius

BOYNE CITY - We've all seen them at the airport. The misguided ones who seemingly rolled out of bed and found themselves headed for destinations across the globe... in their jammies. We've seen it and judged while secretly wishing we could pull it off, traveling in total comfort. What's next? Well, the 6th annual Boyne City "Earlier than the Bird" holiday shopping event, that's what. The only place other than the airport where being out and about in your sleepwear offers perks.

This Saturday, November 22, from 7 a.m. to 11 a.m. just roll out of bed and head downtown Boyne City where you will be ioined by friends, family, coffee and holiday shopping specialsall while in the comfort of your pajamas. "Who would ever imagine that people would be walking around in their pajamas and bathrobes at 7 or 8 a.m. and smiling about it?" said Jim Baumann, Boyne City Chamber of Commerce Director.

The four hour event is an "early bird" preview of all the great holiday shopping Boyne City has available. Special deals and refreshments will rule the morning and to put the icing on the cake, so to speak, those shoppers wearing their pajamas will receive a special gift of an Earlier than the Bird coffee mug. "People actually line up outside some of the stores to get in for the best deals, it's like our own little Black Friday, but six days ahead of time," said Baumann.

The event is sponsored by the Boyne City Main Street Program and the Boyne Area Chamber of Commerce. For more information contact the chamber at 231-582-6222. Sweats and workout clothes are not eligible as pajamas. "This is one of the most fun days of the year and there really are big discounts," Baumann said.

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THURSDAY



HIGH: Mid 20's

FRIDAY



HIGH: Mid 20's

SATURDAY

HIGH: Upper 30's LOW: Upper 10's LOW: Upper 10's LOW: Upper 30's



SUNDAY

HIGH: Low 40's LOW: Upper 30's

snowfall

	2014-15Amt	2013=14 Δmt
Bovne Falls	11/17/201416.5.	
,	11/17/20148.3.	
Cheboygan	11/17/201414.	11/18/20131
East Jordan	11/17/201420.9	11/18/2013 1.5
Gaylord	11/17/201433.3.	11/18/2013 19.5
Mio	11/17/20142.7.	11/18/20131
Onaway	11/17/20149.6	11/18/20136.6
Petoskev	11/17/2014 25.1	11/18/2013 3.7

record temps

DAY	.AVG. HIGH	AVG. LOW	RECORD HIGH	RECORD LOW
20	44°F	29°F	65°F (1953)	14°F (1951)
21	43°F	29°F	63°F (1953)	14°F (1964)
22	43°F	28°F	58°F (1963)	9°F (1971)
23	42°F	28°F	62°F (2003)	6°F (1989)
24	42°F	28°F	62°F (2003)	2°F (1950)
25	41°F	28°F	60°F (2006)	8°F (1950)
26	41°F	27°F	63°F (1984)	9°F (1974)
27	41°F	27°F	66°F (1990)	5°F (1951)

James H. Shooks, 69

(JANUARY 28, 1945 - NOVEMBER 13, 2014)



James Henry Shooks of Central Lake died at his home November

He was born in Charlevoix on January 28, 1945 to Walter and Joanna (Keizer) Shooks. He graduated from Central Lake High School and attended North-western Michigan College for three

On March 4, 1967 he married Patricia Stinson in Traverse City. They moved to Central Lake in 1968. Jim worked for 18 years at Medusa/Cemex/Southdown. He was an avid hunter and fisherman.

Surviving are his wife Patricia; children Molly (Robert) Hybl of Central Lake, Sarah (Darin) Petri of Fowlerville, Emily Shooks of Mancelona, and Rebecca (Richard) Graham of Central Lake; nine grandchildren; sisters Kathryn (Nathan) Boss of Charlevoix and Janet (Paul) Dean of Midland, and brother Wayne (Linda) Shooks of DeWitt.

Private family services were held at 3 p.m. Saturday, November 15, 2014 at Hastings Funeral Home in Ellsworth with Pastor Dave Scott officiating. Burial in Atwood Cemetery.

Charles E. Watros, 78

(MAY 20, 1936 - NOVEMBER 12, 2014)

Charles E. Watros of Ellsworth died Wednesday, November 12, 2014 at McLaren Northern Michigan in Petoskev.

He was born May 20, 1936 in Alba, Michigan to Fred D. and Mary (Williams) Watros.

He graduated from Central Lake High School and thereafter trained as a diesel mechanic. Chuck served his country for four years in the U.S. Navy stationed in Brooklyn, New York.

On November 8, 1958 he married Sarah Parks in Ann Arbor. They lived in the Caro and Cass City area. Chuck worked as a diesel mechanic for Valley GMC in Saginaw. In 1991 they moved to Ellsworth and he worked at CPI, later Demcorp in Charlevoix for 15 years in assembly and as supervisor. He was a baseball catcher in high school and always enjoyed watching baseball. He also enjoyed joining Sarah in her varied activities.

Surviving are his wife Sarah; children James (Charleen) Watros of Crawfordsville, Florida, Tammy (David) Skiles of Deford, Charles I. Watros of Charlevoix, Brian (Kim) Watros of Mio; eight grandchildren, four step-grandchildren, two great-grandchildren and seven step-great-grandchildren; nieces and nephews. Chuck was the thirteenth of fourteen children and was preceded by all his siblings as well as one stepgrandchild, Amy Skiles.

The funeral service was Monday, November 17 at the Ellsworth Wesleyan Church with the Rev. Chris Wallace officiating. Burial in Ellsworth Cemetery.

Arrangements were made by Hastings Funeral Home in Ellsworth, online at www.hastingsfuneral.com

OBITUARIES

Ann M. Colclough, 94

(AUG. 22, 1920 - NOV. 11, 2014)

Ann M. Colclough of Bellaire formerly of Farmington Hills died Tuesday, November 11, 2014 at Meadow Brook Medical Care Facility in Bellaire.

She was born August 22, 1920 in Peck, Michigan to Julius and Antonia (Lapka) Kasprus.

She married Edward Colclough in 1941 and they lived in Port Huron, Livonia and Farmington Hills. Mr. Colclough died in 1969.

Mrs. Colclough worked as a cook on ships on the Great Lakes during WWII. She worked as a secretary for State Farm Insurance in Livonia for many years. She enjoyed Bingo, socializing with friends, and painting. She has been a resident at Meadow Brook for the last three and a half

Surviving are her children Beverly (Rob) Hott of East Jordan and John (Patricia) Colclough of Novi; grandchildren David Colclough, Lori Habit, Lisa Ciolli, Adam Hott and Kelly Hott; five great-grandchildren; her sister Helen McAllister of Sandusky and several nieces and nephews.

Graveside service was held Friday, November 14, 2014 at Zion Cemetery in Watertown Township, Michigan with Pastor Jerry Griggs officiating.

Arrangements were made by Hastings Funeral Home in Ellsworth online at www.hastingsfuneral.com

Gordon Peters, 78

(DEC. 1, 1935 - NOV. 10, 2014)

Gordon Peters of Chandler Township passed away at home

Monday, November 10, 2014.

Gordon was born on December 1. 1935 in Dearborn, MI the son of George and Georgia (Griffin) Peters. He worked for Michigan Maple Block for thirty-five years until he retired. Gordon enjoyed camping and fishing.

Gordon is survived by his wife Mary of fifty four years; sons Gary, Tom (Rachel); daughters Susan Goodrich and Melissa (Rick) Schmoldt; grandchildren Amanda, Ben, Breanna, Austin, Valorie and Marcus. He is preceded in death by his parents; brothers Forrest, Ralph, Elmer and Gordon.

A gathering of family and friends was held Saturday, November 15, 2014 at the Chandler Township Hall.

Stackus Funeral Home of Boyne City served the family.

Kathleen Ellen Sheean, 77

AUGUST 28, 1937 - NOVEMBER 13, 2014



On November 13, 2014, Kathleen Ellen (Sheehan) Sheean passed away at McLaren Northern Michigan Hospital She was born in Los Angeles, CA on August 28, 1937 and grew up in Grosse Pointe Michigan graduating from St. Paul's High School in 1955. After attending Michigan State University she studied Art at the College for Creative Studies and then joined the Commercial Art Group at GM Photographic.

In 1960 she married Michael Sheean and they have two sons, Michael Jr. and Timothy Patrick. She was a devoted mother and grandmother and involved in here community. In 1998 they retired in Boyne City where she was active in the Eta Nu Woman's Charity, Boyne Valley Garden

Club, Saint Mathew's Parish, Boyne City Yacht Club and other local organizations.

Mass was celebrated at St. Mathew's Church in Boyne City on Monday, November 17, 2014. Fr. Denny Stilwell served as celebrant.

Donations may be made to the Eta Nu Endowment Fund. P.O. 133 Boyne City, MI 49712.

Genevieve Furgeson, 79

(OCT. 12, 1935 - NOV. 17, 2014)

Genevieve J. Furgeson, 79, of Hayes Township, died Monday, November 17, 2014, at her place of residence. She was born in Gaylord on October 12, 1935, to Elmer and Kathryn (McVannell) Crandell. The family lived on a farm outside of Gaylord for ten years, then moved to a farm on Horton Bay Road outside of Boyne City. Genevieve "Sis" graduated from Boyne City High School in 1954.

"Sis" worked for Boyne Products, then worked for the Emmet County Friendship Center for twenty-eight years, until she re-

She married Grant Furgeson, Jr. on June 30, 1956. They lived on the Furgeson farm in Hayes Township for fifty-two years.

She is survived by her brothers, Robert (Pauline) Crandell, and Daniel (Starane) Crandell; sisterin-law, Diana Crandell (Doug Kuebler) all of Charlevoix; lots of nieces and nephews and greatnieces and nephews. She was preceded in death by her father and mother, Elmer and Kathryn Crandell, and her husband, Grant Furgeson, Jr. on August 7, 2007.

Visitation will be from 6-8 pm, Thursday, November 20, at the Winchester Funeral Home in Charlevoix where the funeral will be held at 11 am, Friday, November 21. The Reverend James Mort will officiate. Burial will be in Brookside Cemetery

Rick Smith

Rick Smith, of Boyne City, died Oct. 6, 2014. A memorial service will take place at 11 a.m. Saturday, Nov. 22, at the First Presbyterian Church of Boyne City with a gathering of family and friends from 10 a.m. until the time of service.

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Special Thanksgiving Farmers Market

CHARLEVOIX - The Charlevoix Farmers Market will be hosting a special Thanksgiving Market on Tuesday, November 25th from 9am-1pm at the Charlevoix Public Library.

More than 15 different vendors will be on hand with specialty items made just for the big day. Fresh pies, apple cider, squash, stuffing, maple syrup, baked goods, fruit, produce, and of course farm fresh turkeys will be available to feed your family on this special holiday.

"Thanksgiving is the perfect time for the community to thank their local farmers for all the hard work they do

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to feed our families," said Market Manager Bethany Pearson.

What's the best way to thank them? "Enjoy some of their delicious products," said Pearson. "There is nothing the farmers enjoy more than feeding healthy food to the people of their community."

The Charlevoix Farmers Market accepts Credit Cards and Bridge Cards and takes place every Thursday until the end of December (excluding Christmas). For more information call 231-547-3257.



Call: 989-732-8160 Fax: (888) 854-7441 Office@CharlevoixCountyNews.com www.CharlevoixCountyNews.com

Parents and fans can send photos, local news and news releases for everything Charlevoix County to us at Office@CharlevoixCountyNews.com

News

Thanksgiving Community Dinners all around the North

By Jessica Boyce

Thanksgiving is a time to gather for a meal with the ones you love and reflect on all you are thankful for. Not everyone can afford to cook a meal with all the trimmings this Thanksgiving, but there are a handful of locations that are serving a Community Thanksgiving Dinner for free or by donation

Boyne City: The Boyne City Eagles is having their annual Thanksgiving Dinner on the 27th. It is from noon – 2:00 pm and is free and open to everyone. You can always make a small donation to help with next year's dinner too.

Charlevoix: The 8th Annual Community Thanksgiving Dinner will be held on Thanksgiving Day from noon to 3:00 p.m. at the United Methodist Church, 104 State Street. The meal is provided at no charge. All are welcome!

Gaylord: St. Mary's Cathedral is hosting their annual Community Thanksgiving Dinner on the 27th from 2:00 - 6:00 pm. Appetizers and Fellowship start at 2:00 pm and then dinner will be served starting at 3:00pm. The meal is free and open to everyone in the community. There will be turkey, sweet potatoes, mashed potatoes, squash, green bean casserole, rolls and sweet bread, cheese and fruit trays, rel-



ish trays, and a dessert table complete with an assortment of pies.

Grayling: The Crawford AuSable Community Thanksgiving Dinner is on November 27th from noon -2:00 pm. Dinner is at the Camp Grayling Army Airfield Mess Hall and dinner is free. You can have your meal delivered if you can't make it out, just call Sally at 989-348-9418, and you can schedule Dial-A-Ride transportation by the 25th at 5:00 pm by calling (989) 348-5409.

Oscoda County: There will be a Thanksgiving Dinner at the Luzerne American Legion on the 27th from 1:00 - 4:30 pm. Dinner is by donation and you can call (989) 826-5950 for more details.

Cheboygan: There will be a Thanksgiving Dinner at the Knights of Columbus hosted by the Salvation Army. The dinner starts at noon on the 27th.

If you would like to volunteer at one of these community dinners, they are always looking for people to help prepare or serve the food. You can call any of the locations if you are interested in helping this Thanksgiving.

A Call for More Cooperation

By Norma Jean Babcock

CHARLEVOIX: In what may prove to be the first of many special city work sessions, multiple ideas for how the city should move into the future were discussed; including a call for the City and nearby townships to cooperate and make things better for the community, despite what their address may be.

The idea started with newly elected Mayor Gabe Campbell who explained to council that he wanted to see "more cooperation between the townships and the city." Campbell stated he felt that cooperating would "better the community" in general and that he hoped trust could be built so that positive changes could be made. He expressed his feeling that the idea they shouldn't work together was "ridiculous," and explained that in his opinion being from one or the other was only a political issue, not a tangible one.

"You don't know where the (boundary) stops when you go for a walk," stated Campbell.

His sentiments were echoed by several on council who agreed that more cooperation would be ideal in making the community more cohesive. One suggestion for helping build trust and unity was to create a Recreation Authority in the area that would oversee city owned amenities and make them more available and open to non-city residents. This would make it possible for all interested to utilize these areas, such as Mt. McSauba or the city golf course, to do so more easily and afford-

All members of council felt that this idea of creating a Recreational Authority

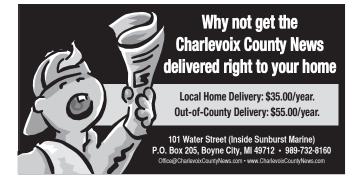
would be a good step toward the ultimate goal of bringing the Townships and City into a more harmonious relationship. City Manager Rob Straebel indicated that although interaction with the townships have gotten better in recent years, the politics were still a struggle to get past for both entities.

"Our fire departments work very well together, I think it's the politics that bog us down on this," stated Straebel.

Straebel also stated city staff has begun preparing to make efforts to build cooperation between the entities already. Township leaders have been invited to an upcoming meeting where the issue of recreation will be openly discussed and hopefully input can be given from both sides.

Other ideas proposed included utilizing current undeveloped properties in the area to bring in more revenue, re-evaluating the trees and lighting on the trees in the downtown area to reduce costs and make the aesthetics more pleasing, and putting more energy into fixing street problems in the residential areas of the city. The council also discussed making the City Clerk position into a full time position, as currently the 29 hour a week job makes it difficult to keep up with all the necessary tasks the clerk is required to perform.

As this was simply a work session, no decisions were made, but the ideas given at the meeting give City Management and staff direction for creating the 2015/16 budget. A budget has not been created at this point, but a draft will hopefully be submitted near the end of December.



Early Winter Storm Closes Schools



With treacherous driving across northern Michigan, as seen in this photo from Charlevoix county, most schools were closed Tuesday as winds gusted to 35 MPH and windchill factors dropped into the single digits. PHOTO BY M. CHRIS LEESE



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Health & Wellness

Using Food to Improve Your Mood

By Deb Hagen-Foley

While it is not yet "officially" winter, the temperatures outside and snowfall may remind you that winter is on the way. If you are prone to Winter Depression or SAD, Seasonal Affective Disorder, the shorter days might having you feeling more tired than usual, craving carbohydrates and irritable. Roughly 6% of the U.S. population suffers from SAD and another 15% experiences a milder form of the condition, winter depression

Seasonal affective disorder, SAD, is a form of depression that occurs most frequently in the fall and winter months as the hours of daylight become shorter and the temperatures become cooler. SAD has only been recognized as a diagnosis since 1985. Symptoms are similar to other forms of depression and typically begin in late fall or early winter and subside in the spring and summer. Symptoms include: hopelessness,

loss of energy, social withdrawal, difficulty concentrating, weight gain and appetite changes - particularly craving foods high in carbohydrates, loss of interest in previously enjoyed activities and excessive desire for sleep.

A reduction in serotonin and melatonin levels, related to a reduction in sunlight and the change of seasons, may contribute to SAD. The reduced level of sunlight may result in a disruption of the circadian rhythm, the biological clock.

The incidence of seasonal affective disorder is greater in persons living further from the equator. SAD occurs in 1% to 10% of the U.S. population, is dependent on geographic location and is less common where there is snow on the ground. People of all ages can develop SAD and the average age of first symptoms is 23. Four times as many women as men report SAD symptoms.

Light therapy is the primary treatment for SAD. Sitting a few feet away from a light therapy box on a daily basis seems to change brain chemicals related to mood. Food can also help relieve SAD symptoms. Foods high in Vitamin D, fish oil, fortified milk and egg yolks, will help to overcome Vitamin D deficiencies. Omega-3 fatty acids appear particularly beneficial in coping with SAD. Our bodies do not make Omega-3 fatty acids, so we must eat them. Oily, fatty fish, such as mackerel, herring, salmon, sardines and anchovies are good sources.

Flaxseed, hemp, canola and walnut oils are good plant-based options for Omega-3s. Carbohydrates are important in relieving symptoms of SAD. Only about 30 grams a day (about 120 calories) are necessary to produce the serotonin you need. Stick to complex carbohydrates to reduce weight gain and avoid blood sugar spikes. Make dinner you largest carbohydrate containing meal since SAD symptoms tend to be worse in the evening.

Hall Dental opens in Downtown East Jordan

By Tina Sundelius

After ten years out of state, Traverse City native Dr. Sara Hall has returned home to Northern Michigan to open a new child focused, family friendly dental practice in downtown East Jordan. The new practice is focused on offering a serene atmosphere and a calming experience.

Dr. Hall and her close knit and professional staff strive to maintain expert customer service and a relaxed stress free experience utilizing state of the art equipment. "Our staff has previous experience in the hospitality industry, as well as, in the dental office. We see ourselves as friendly and approachable and our goal is to deliver dental care above and beyond a patient's expectations,"

Dr. Hall is a graduate of the University of Michigan and practiced dentistry for the State of Tennessee in the arena of public health from 2007-2014. She chose to set up the practice in East Jordan because of family connections. "East Jordan is a perfect mix of small town charm and business opportunity. Less reliance on tourism and more year round economic industry and sta-



Stephanie Sutton (Dental Assistant), Dr. Sara Hall & Tabitha Streufert (Front Office Manager)

bility is why I chose to build my practice here," she said.

The services Hall Dental offers include exams, cleanings, radiographs, fillings, extractions, and sealants with a practice focus of education and prevention. In fact, Dr. Hall intends to participate in dental screenings and education in the schools. "We are scheduled to participate in dental health month at East Jordan Elementary School in February. We are always seeking opportunities to promote dental health in the community,'

Hall Dental is a Blue Cross Blue Shield and Delta Dental provider and offers reasonable rates for individuals without dental insurance. You can call 231-536-5030 to schedule an appointment.

Drs. Oz Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



MEDICAL INNOVATIONS & LIFE-CHANGING INVENTIONS

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

This is a time of incredible progress in medical science's understanding of how to diagnose and treat a wide range of conditions. Here are our top four lifechanging medical innovations that could revolutionize health care in 2015 -- they earned spots on the Cleveland Clinic's ninth annual list of Top 10 Medical Innovations.

The stroke ambulance Getting to the emergency room fast after a stroke is critically important because that's where the treatment is ... or used to be, anyway. It's estimated that two million brain nerve cells die in each minute that passes without treatment after a "brain attack."

Life-changing technology: A high-tech ambulance used by some hospitals in Sweden and the United States can save your life and the quality of your life. Personnel on board include a paramedic, critical care nurse and scanning technologist so the ER comes straight to the stroke patient. A special portable computed tomography (CT) scanner takes brain images within two minutes. They're then sent via a 4G broadband video link to hospital neurologists and neuro-radiologists for analysis and diagnosis. If an ischemic stroke (blood clot) is detected, the stroke ambulance health care workers can administer a clot-busting drug, tissue-type plasminogen activator (t-PA). The sooner t-PA is given after a stroke, the more effective it is. With t-PA treatment arriving sooner, more stroke survivors are likely to retain or regain full function of their mind and body. The average time for t-PA administration in cities without mobile stroke care is 90 minutes: with these mobile centers, it's under 35 minutes. That's over 100 million brain cells saved, a lot of brain function preserved and disability avoided.

One-shot radiation for earlystage breast cancer

Deaths from breast cancer have dropped 20 percent in re cent years thanks to early detection and treatments. This year, over 63,000 American women will be diagnosed with early-stage breast cancer.

Treatment for early-stage cancer may be a lumpectomy (removal of a portion of the affected breast) plus three to six weeks of radiation therapy, five days a week. Unfortunately, that long treatment schedule can be a hardship for women who live far

from a cancer center. Many drop out because getting there is just too difficult.

Life-changing innovation: Now, one-dose intraoperative radiation therapy (IORT) could change all that. Delivered during surgery (after the cancer is removed), this treatment focuses radiation on surrounding tissue where risk of cancer's return is highest. It's takes 30 minutes. Research shows it's just as effective as long-course radiation for blocking recurrence of earlystage breast cancer.

A wireless pacemaker Pacemaker technology has barely changed since 1958, with a silver-dollar-sized pulse generator implanted below the collarbone sending signals via wires called leads to the heart itself.

Trouble is, leads can wear out. Life-changing innovation: A tiny, wireless pacemaker (smaller than a AAA battery) is less than 10 percent the size of a conventional pacemaker and can be implanted directly in the heart. An electrode senses the heart's natural rhythm and adiusts electrical stimulation for healthy beats. A lithium battery powers the device for up to seven years, when a new one can be installed through a vein without invasive surgery. It was approved in Europe in 2013 and is awaiting Food and Drug Administration

The one-drop blood test New blood-test procedures and testing technology allow docs to get info from a drop of blood drawn from your fingertip.

approval here; clinical trials are

about to be completed.

Life-changing innovation: Similar to the instant blood-sugar checks, this new technology can run 30 different tests from a single droplet of blood, at a price that's a fraction of what a lab may now charge. The tests are currently offered at a few Walgreens drugstores and health centers in California and Arizona. Services are set to expand

Other innovations that earned spots on the Cleveland Clinic's Top 10 Medical Innovations list include a dengue fever vaccine, new cholesterol and heart-failure drugs and better treatments for advanced cancers.

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Charlevoix (downtown at the traffic light) www.Central-Drug.com (231) 547-2424 fax (231) 547-0760









Health directory

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Carriage Clippery 308 South Otsego Gaylord

989-732-5094

OrigiNAILS by Shelley 200 Fairview St. Gaylord 989-732-7100

DENTIST

Mio Family Dentistry 107 East 8th St. 989-826-626

DENTIST

Main Oak Family Dentistry 219 East Main St. Gavlord 989-732-6271

www.mainoak.com FITNESS FACILITY

Otsego County Sportsplex 1250 Gornick Ave., Gaylord 989-731-3546 www.ocsportsplex.com

Otsego County Community Center 315 S. Center, Gaylord 989-732-6521 www.otsegocountyparksrec.com

FITNESS FACILITY

Powerhouse Gym 1044 W. Main, Gaylord 989-732-0744 www.gaylordsgym.com

HOME HEALTH CARE

Health Dept. of NW Michigan 220 W. Garfield, Charlevoix 231-547-6092 www.nwhealth.org

Northern Management Services 657 Chestnut Ct.. Gaylord 989-732-6374 www.northernmanagement.org

HOSPITALS

McLaren Northern Michigan 416 Connable Ave., Petoskey (800) 248-6777 northernhealth.org

Mercy Hospital 1100 Michigan Ave., Grayling 989-348-5461 www.mercygrayling.com

Charlevoix Area Hospital 14700 Lake Shore Dr., Charlevoix 231-547-8630 www.cah.org

Otsego Memorial Hospital

825 North Center, Gaylord 989-731-2100 www.MyOMH.org

MASSAGE THERAPY

The Naturalist 1029 Gornick Ave., Gaylord 989-705-1451

Self Heal Massage/ **Body Work/Energy Medicine** Cathy Brink NCMP/AMTA Reiki Master/Teacher

1029 Gornick Ave. Alpine Suite #103 989-619-6282

NUTRITION & SUPPLEMENTS

General Nutrition Centers 1417 W. Main St., Pineridge Square

Gaylord, MI 49735-1755 989-731-6363 **Four Star Nutrition**

Gaylord 989-448-8618 www.fourstarnutrition.net

PHARMACY

604 W. Main,

Central Drug Store 301 Bridge St. Charlevoix 231-547-242 www.central-drug.com

PHYSICAL THERAPY

Jordan Valley Rehabilitation Center 100 Main St # 9, East Jordan 231-536-1451

Boyne Rehabilitation

197 State St, Boyne City 231-582-6365

SENIOR ASSISTANCE

Otsego County COA 120 Grandview Blvd., Gaylord 989-732-1122 www.otsegocountycoa.org

Crawford County COA 308 Lawndale St., Grayling 989-348-8342

www.crawfordcoa.org **Seniors Helping Seniors**

221 E. Felshaw St., Gaylord 989-448-8323 www.seniorshelpingseniors.com/ northernmichigan

Charlevoix County Commission on Aging 218 West Garfield St

Charlevoix 231-237-0103 www.charlevoixcounty.org/coa.asp

WALK-IN CLINIC

OMH Medical Group -Boyne Valley 2572 North US 131

Elmira 989-731-7700 www.MyOMH.org

Ceremony is being hosted

Dec. 5 by the Boyne City Eta

News Briefs

BOYNE CITY Turkey Trot

The Kiwanis Club of Boyne City is organizing Boyne City's third annual Turkey Trot 5K race and 1-mile fun run/walk to be held at 9 a.m. Thanksgiving morning, Nov. 27. The race will begin and end at Veterans Park. Entry fee, including a T-shirt is \$20 in advance or \$25 on the day of the event. Family entry fee is \$40 in advance or \$50 on the day of the event, including two Tshirts. A T-shirt is quaranteed if entry form is received by Nov. 19. Extra shirts are \$10. Chip timing by Superior Timing will be offered. Packet pick-up will be 3 to 7 p.m. Nov. 26 at the Edward Jones office, 101 S Lake St. For further information contact Ruth Skop at 231-881-0945 or Gayle Harbaugh at 231-675-5725. Entrants are asked to bring a nonperishable food item that will be donated to the Boyne area food pantries.

CHARLEVOIX

Thanksgiving dinner

The 8th Annual Community Thanksgiving Dinner will be held on Thanksgiving Day from noon to 3:00 p.m. at the United Methodist Church, 104 State Street. The meal is provided at no charge. All are welcome!

BOYNE CITY

Business after hours

The Barrel Back restaurant and Tommy's boat shop will host the Chamber's Business after Hours from 5:30 to 7:30 p.m. Thursday, Nov. 20. The business networking event is co-sponsored by Fifth Third Bank of Boyne City. Unity Hall is located at 509 East St. There will be a cash bar and there is no charge for admission. The public is welcome to attend. Proceeds from the 50/50 raffle will benefit the Wounded Warrior Project.

WALLOON LAKE

Training workshop

Camp Daggett Adventure Center will offer an Adventure Education/Challenge Course Training Workshop on Thursday and Friday, Nov. 20-21 at their indoor center on Walloon Lake from 9 a.m. until 3:30 p.m. each day. This workshop is designed to give the participant a hands-on experience in adventure education and utilization of a challenge ropes course. Educators, youth group leaders, scout troop leaders or anyone working with young people will be given ideas and activities that can be taken back to the workplace and used with minimal props and expense. Cost is \$200 and includes lunch, instruction, safety/instructor manual and use of equipment. A \$50 deposit is required to reserve a spot. The workshop is limited to 15 participants 21 and older. Click here for details. For further information, contact Karen Marietti at 231-347-9742 ext. 117 or karen.marietti @ camp daggett.org.

BOYNE CITY

Boyne Meets Broadway

The Boyne City High School Drama Department will present its annual dinner theater variety show, Boyne Meets Broadway, on Friday and Saturday, Nov. 21 and 22 at the school's Performing Arts Center. Enjoy appetizers, dinner and dessert catered by the school's hospitality program while students from the jazz band set the mood in the commons with their smooth sounds. Dinner begins at 6 p.m. sharp. After dinner, sit back, relax and enjoy as the Drama Department presents this year's rendition of its fall variety show filled with song and dance inspired by Broadway, the big screen and more. Tickets are \$25 and may be purchased from any cast member or at Local Flavor, 125 Water St.

CHARLEVOIX

Gift of Art Holiday Show

At Charlevoix Circle of Arts November 22 - January 3, 2015. Give the gift of art this year. Unique, handmade gifts, fine arts and crafts. Open daily 12noon - 4pm. For more information call 231.547.3554 visit

www.charlevoixcircle.org

BOYNE CITY

Earlier Than the Bird

The 6th annual Boyne City "Earlier than the Bird" holiday shopping event is planned for Saturday, Nov. 22, from 7 a.m. to 11 a.m. Kick off the season with friends and family, coffee and holiday shopping specials - all while in the comfort of your pajamas. By holding the event the Saturday before Thanksgiving, Boyne City merchants are inviting customers to get an "early bird" preview of all the great holiday shopping available. Merchants will be offering special deals along with refreshments. In addition, those shoppers wearing their pajamas will receive a special gift of an Earlier than the Bird coffee mug, pictured above. (Sorry, sweats and workout clothes are not eligible as pajamas). The event is sponsored by the Boyne City Main Street Program and the Boyne Area Chamber of Commerce. For more information contact the chamber at 582-

MANCELONA

Craft Show

Annual Mancelona Community Craft Show - November 22 - Mancelona Elementary School from 9 - 3.

CHARLEVOIX

Turkey Trot

It's time to mark your calendars for the Charlevoix Area Hospital 2014 Turkey Trot on Thanksgiving morning, November 27th. No need to be a sprinter - participation by all ages and fitness levels is encouraged. The 5K route starts and ends at the hospital parking lot (at 14700 Lake Shore Drive in Charlevoix) and is posted on their website at cah.org. Online pre-registration is available at www.cah.org for your convenience. Registration forms will also be conveniently located at the hospital's Emergency Department admission desk. Day-of-the-trot registration begins Thanksgiving morning at 7:30 a.m. with the 5K walk/run starting at 8:30 a.m. Registration will take place in the Charlevoix Area Hospital cafeteria; come in the hospital's main entrance and follow the signs. The registration fee (\$15 for adults/\$10 for children) gets you a colorful longsleeved t-shirt. But if you prefer, for \$10 more, adults can choose an adult sweatshirt instead. Also, new this year each runner and walker is being asked to bring a non-perishable food item to donate to the local food pantry, helping to stock their shelves for the holiday season ahead. Children in strollers and pets on a leash are free. Join your friends and neighbors for a morning of Thanksgiving exercise - fun for the whole family! For more information about Charlevoix Area Hospital, please visit cah.org.

CHARLEVOIX

Christmas parade

Show your holiday spirit and community cheer by entering the 4th Annual Charlevoix Holiday Parade. Area Businesses, Organizations, and Individuals are invited to participate at absolutely no cost. It's a great opportunity to promote your business this holiday season! The parade is Friday, Nov. 28 at 5:30pm. The parade is a welcome addition Charlevoix's annual Community Tree Lighting festivities which run the same day. Ac-

111 Antrim Charlevoix

print@villagegraphicsinc.com

231.547.4172

Pick-up & Delivery for Large Jobs Available

tivities include great Black Friday deals at Charlevoix stores, a free holiday movie, cookie decorating, photos with Santa, and the lighting of our community Christmas tree.

BOYNE CITY

Santa parade

Santa Parade, downtown open house, tree lighting, hayrides set for Nov. 28. The Boyne City Holiday Open House and Santa Parade is a true community celebration of the season on Nov. 28, the Friday after Thanksgiving, from 5 to 9 p.m. The downtown with be filled with all the sounds, sights, and smells of the Christmas season. New this year will be a live Nativity scene starting at 4 p.m. at Coldwell Banker Real Estate, 231 Water St. The open house begins at 5 p.m. at businesses throughout the downtown and the parade starts at 6 p.m. Boyne Area Girl Scouts will light the Community Christmas Tree at the west end of Water Street in Sunset Park at 5 p.m. Following the tree lighting the Girl Scouts will lead holiday revelers in caroling. evening's special guest is the Jolly Old Man from the North. Santa will arrive on his horsedrawn sleigh, joined by some of his elves and reindeer from the North Pole. Those participating in the parade must send in a parade registration form and will line up on East Main Street between East and Lake Streets starting at 5:30 p.m. The parade route will follow Lake Street to Water Street through the heart of downtown. After the parade, Santa will meet with children on the patio at Parkside Grill and Treats. In addition there will be hayrides, a chance to see reindeer up close, and refreshments for Santa's guests. For more information, contact Karen Guzniczak, Boyne City Main Street Promotions Committee chairperson, at Country Now & Then/Up the Lazy River, 231-582-2355, or the Boyne Area Chamber of Commerce at

CHARLEVOIX

582-6222.

Cookie decorating

Enjoy cookie decorating at the Charlevoix Circle of Arts on Friday, Nov. 28 from 3-5pm.

CHARLEVOIX

Photos with Santa

Photos with Santa at the Circle of Arts from 3-5pm on Nov. 28.

CHARLEVOIX

Kids movie

Holiday movie at Charlevoix Cinema III at 1pm on Friday, Nov. 28.

PETOSKEY

Downtown Holiday Parade

Winter is approaching and with that comes Stafford's Downtown Petoskey Holiday Parade on Saturday, November 29 at 10 a.m. Join downtown businesses for a time of family, friends, and fun! Downtown Petoskey hosts many area residents and guests at this time of year and many of them attend the parade. This event offers you a wonderful opportunity to market your business and show your support of our community. If your business or organization would like to add your float, walking ensemble, music/performance, please complete the application by

QUALITY ♥ INC.



November 24th, and send it to Kate Manthei, Downtown Promotions Coordinator, via e-mail kate@petoskeydown-

LAKES OF THE NORTH **Charity auction**

Support Wertz's Warriors and help fund the Michigan Winter Special Olympics. Saturday, Nov. 29. Live auction begins at 6pm. Silent auction opens at 5pm. last table closes at 8pm. Food and refreshments supplied by Northern Bear Country Store. Tons of great items.

EAST JORDAN

Holiday Business after Hours

Monday, December 1 from 5:30 - 7:30 PM, Location: A Matter of Taste at Tapawingo (9502 Lake St., Ells) Sponsored by: EJ & A Matter of Taste. Entry by cash donation (donations to benefit East Jordan & Ellsworth food pantries)

BOYNE CITY

Fruit sale

The Boyne City High School bands are raising funds by selling fresh-fromthe-grove Florida oranges and grapefruit in convenient sizes. Please show your support for our organization by purchasing a box of fruit for yourself, a family member, a friend or a co-worker. See any member of the band to place your or-

NORTHERN MICHIGAN **Junior Achievement volunteers**

Junior Achievement's local Board of Directors is looking for volunteers that would like to share their leadership skills to increase the growth of Junior Achievement programs in area schools. For more information on numerous opportunities, contact the area's District Director Mark Pankner at janso@ja.org or call 231-582-

BOYNE CITY

Boyne Volunteer Network

Boyne volunteer network is a joint project of the Boyne District Library, Boyne City Main Street Program and the Boyne Area Chamber of Commerce. It's easy to participate - just go to www.boynevolunteers.org and fill out the application form, which will tell us your skills, interests and contact information. We will contact you later about volunteer opportunities that may interest you. If you have questions or would like to learn more about how to include your organization and volunteer needs in this new netcontact Monica Kroondyk at the Boyne District Library by phone at 231-582-7861 or by email at kroondykm@boynelibrary.org.

EAST JORDAN

Christian coffee house

Open Door Christian coffee house will be held every first and third Saturday at the East Jordan Community Center on Main St. Refreshments are available; free coffee and a small charge for pizza and soda. We have a lot of wonderful talent right here in northern Michigan. Great fellowship, everyone is welcome to come

NORTHERN MICHIGAN

Playgroups

Playgroups for children 0-60 months and their preschool aged siblings are offered free through the Women's Resource Center of Northern Michigan. Playgroups will help you find out more about your child's developmental stage; learn new games and activities to play with your child; and share ideas, parenting experiences and concerns with the playgroup facilitator and other parents. This fall/winter, Playgroups are held: 9:30-11am Tuesdays at Jordan Valley District Library Community Room, East Jordan; 9:30-11am Wednesdays at United Methodist Church, Alanson; 9:30-11am Thursdays at Christ Lutheran Church, Boyne City; 9:30-11am Fridays at United Methodist Church, Petoskey. (231)347-0067 or visit wrcnm.org for more information.

CHARLEVOIX

Messy church

This is a fun way of doing church for families. There are crafts, Bible stories learning about the God who loves you, songs, and free meal. Children must be accompanied by parent or adult. This is a nondenominational event which takes place on the first Sunday of each month at 4 - 6pm at the Charlevoix United Methodist Church, 104 State St. Your call is appreciated for meal count at 547-2654.

CHARLEVOIX COUNTY

Seniors ride free

Residents aged 60 and over will now be able to ride the Charlevoix County Transit free of charge within Charlevoix County. Seniors please contact the Charlevoix County Transit for your ride at 231-582-6900. This program is made possible through the cooperation of the Charlevoix County Commission on Aging and the Charlevoix County Transit.

CHARLEVOIX

Story time

Weekly Story Time is hosted every Thursday at 10:30am and all children and their parents or care givers are invited to attend. Story Time at the Charlevoix Library is geared towards children birth to five years old. Ms. Laura, story teller extraordinaire, reads stories, sings songs, interacts with finger plays, and sometimes even dances with the kids.

EAST JORDAN

Holiday Business after Hours

Monday, December 1 - 5:30 - 7:30 PM at A Matter of Taste at Tapawingo (9502 Lake St., Ells) Sponsored by: EJ & A Matter of Taste. Entry by cash donation (donations to benefit East Jordan & Ellsworth food pantries)

EAST JORDAN

Holiday Community Night

Thursday, December 4 -5:30 - 7:30 PM, Downtown East Jordan - Community Center

BOYNE CITY Lights of love

This year's Lights of Love

Nu Women's Club to benefit Hospice of Northwest Michigan. In the midst of the hustle and bustle of the holiday season, Lights of Love offers an opportunity to stop and remember loved ones who are no longer with us. You are invited to come and join them at 6:30 p.m. Friday, Dec. 5, next to the Boyne Area Chamber for the tree-lighting ceremony. There will be music and singing with complimentary hot chocolate provided by Parkside Grill & Treats. Merchants will have extended hours that evening and restaurants will be offering Lights of Love food and beverage specials, before and after the tree-lighting ceremony. Area residents can support the project and help decorate the tree by purchasing a heart and/or a tree light to be lit in memory of a loved one. A "Hearts of Love" ornament can be purchased for \$35 or you can select your loved one's favorite Christmas light color with the white lights at \$3; green lights at \$5; blue lights at \$10; red lights at \$15; and gold lights at \$25. Mail a completed donation form and your tax-deductible donation check, payable to Hospice of Northwest Michigan, to Marcia Newkirk, P.O. Box 807, Boyne City MI 49712. Donation forms are available at the Chamber and a few of the local merchants. Cosponsoring the event with Eta Nu are the Boyne Area Chamber and Boyne City Main Street. For more information, contact Marcia Newkirk at 231-675-

CHARLEVOIX

Holly Daze

582-6222.

Climb Aboard the Candy Cane Express Friday, December 5th at Castle Farms. Sponsored by Charlevoix Area Hospital Foundation. For more information www.cah.org/holly-daze

3580 or the chamber at 231-

CHARLEVOIX

Holiday bazaar

Northwest Academy School presents a Holiday Bazaar. A flurry of family fun, food and festive goods! Saturday, December 6, 10AM - 4PM, 115 W. Hurlbut Ave. Come support local non-profits, join the silent auction, and enjoy activities for children of all ages! Come for great Holiday fun!

BOYNE CITY

Community Christmas

With the holiday season approaching the volunteers of Boyne Area Community Christmas are asking for your support. All of your donations are greatly appreciated and can be in the form of non-perishable food items, new unwrapped toys, games or books. If you would like to donate monetarily, please make checks payable to Boyne Area Community Christmas and send them c/o Eleanor West, Treasurer at 915 Robinson Street #15, Boyne City, MI 49712. All donations can be dropped off at the Boyne City Education Center by using the Pine Street entrance. We will be accepting donations from November 19 until December 19, 9am to 4pm.



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Ellsworth High school students travel to Washington DC

By Aaron Gaffney, Superintendent of Ellsworth Community School

Last week Ellsworth Community School took all junior and senior students on a three-day, two-night government field trip to Washington, D.C. Students and chaperones departed Ellsworth at 12:30 AM on Wednesday, November 12 on a charter bus to Bishop International Airport in Flint, Michigan. From there the group flew to Balti-

more, Maryland and boarded an Amtrak train for Union Station, Washington, D.C.

While in Washington, the group toured the White House, United States Capitol Building, the Holocaust Museum, National Zoo, Smithsonian Museums of Natural History, American History, and Air and Space, Arlington National Cemetery, and the Iwo Jima Memorial. The students also participated in a night tour of the Washington,

World War II, Korean War, Martin Luther King Jr., FDR, and Jefferson Memorials.

In addition to visiting museums and memorials, many students experienced a vast array of firsts. From first airplane flights and subway rides to first foods such as calamari and sushi, the trip provided students with opportunities to make memories that will last a lifetime.

This trip represents the first in what we hope to be bi-

ennial junior/senior government trips to our nation's capitol. As a district we would like to thank our chaperones, especially government teacher Mrs. Jessica Vander-Hart for the many hours put into preparing for and organizing the trip. Most importantly, we would like to thank the students of ECS. They were a true joy to share this amazing experience with.

Boyne City Public School

Student of the Week



Kyra Brazell

Grade: 10 Parent(s): Trevor and Carla Brazell

Future Plans: "Go to college and become a writer." School Activities: Drama, Girls Tennis

Hobbies and Interests:

Reading, Writing, Playing tennis, Being around nature

Staff Comments: "Kyra was in my Drama and
Freshman English classes last year and she did a

tremendous job in both. She was great with participation and work ethic in both classes!" – John Hertel
"Kyra is the type of student teachers dream about

"Kyra is the type of student teachers dream about having in their classroom! She is extremely positive, respectful and academically insightful. Kyra is able to balance her high level of academic standards with a pleasant social demeanor that contributes to a great classroom environment!" – Jeanne Heath, English Teacher

"Kyra is doing outstanding in Biology this year. She is a dedicated student who is a delight to be around and she is a person of character. Kyra is responsible, consistent, and I have truly enjoyed having her in class. Her assignments are of the highest quality and she has a great work ethic. Kyra cares about her academics and works hard to achieve her goals. I can't say enough good things about her. Congratulations Kyra, you are very deserving of this recognition!" – Elizabeth Hemming

"Kyra is an excellent student who always has a smile on her face. She is polite, positive, and always does her best work. Congratulations, Kyra!" – Amy Hertel, Spanish Teacher

Operation Christmas Child

By Jessica Boyce

There is still time to make a huge difference in the life of a child this Christmas season. The Mancelona United Methodist Church, and many more churches in Northern Michigan, is collecting shoeboxes filled with goodies for kids until November 24th.

Samaritans Purse organizes Operation Christmas Child to help children in over 140 nations receive over 113 million shoebox gifts. The assembly is simple: start with an empty shoebox or plastic box that has a lid; choose if your gift will be for a boy or girl; choose the age range (2-4), (5-9), or (10-14); and fill the box with goodies for the child. The goodies can be toys, school supplies, clothes, hygiene items (no liquids), or whatever else you think a child would need for Christmas. Please also include \$7 for shipping and handling so your Christmas shoebox can



There is still time to donate a shoebox gift to Operation Christmas Child, organized by Samaritans Purse, at many of the drop-off locations in Northern Michigan.

make it to a child in need. You can print the labels for your box at samaritanspurse.org under their Operation Christmas Child

There are many other loca-

tions here in Northern Michigan that you can drop off your shoebox gift: Fairview Mennonite Church, Covenant Church in Cheboygan, Word of Life Community Church in Petoskey, Onaway Baptist Church, Gaylord E-Free Church, Indian River United Methodist Church, Northridge Community Church in Alanson, and Lighthouse Missionary Church in East Jordan. For more information on the Mancelona drop-off, you can call Brenda Lockman at (231) 587-9250. You can also visit samaritanspurse.org to see more drop-off locations in Michigan and to see how your gift can help a child.

The drop-off times for the Mancelona location are 10:00 – 12:00 pm until the 23rd, and then 12:00 pm – 2:00 pm on Sunday the 23rd, and 8:00 – 10:00 am on Monday the 24th. To find out more about the drop-off times for the other locations, you can give them a call. They are all accepting the shoeboxes until the 24th of November.

Ride 4 A Cure: Juvenile Diabetes raises \$5,620.75 for McLaren Northern Michigan Foundation Type 1 Diabetes fund



Deb Johnston (middle), founder of Ride 4 A Cure: Juvenile Diabetes, recently presented a \$5,620.75 check to Laurie Kane, MD (left), Endocrinologist with McLaren Northern Michigan and Julie Jarema (right), Senior Director of Development for McLaren Northern Michigan Foundation. The funds will be allocated to the McLaren Northern Michigan Foundation Type 1 Diabetes Fund, established in 2012 through McLaren Northern Michigan Foundation, which supports patients in northern Michigan diagnosed with Type 1 Diabetes. Since 2012, Ride 4 A Cure: Juvenile Diabetes has raised nearly \$12,000 for the McLaren Northern Michigan Foundation Type 1 Diabetes Fund. If you have been touched somehow by Juvenile Diabetes and would like to donate to this cause, or want information about it, please call (231) 487-

Save the date for 2015 Ride 4 A Cure: Juvenile Diabetes event, which will be July 18-19. For more information call (231) 525-8769 or e-mail debkjohnston@yahoo.com.

Community Foundation Awards \$173,400 in Grants

Trustees of the Charlevoix County Community Foundation recently approved \$173,400 in grants during their fall grant cycle, including awards for organizational capacity building. Maureen Radke, who facilitates the grantmaking process at the community foundation was delighted, saying "These grants are rare. It is unprecedented to have this opportunity to partner with seven different organizations to strengthen their ability to carry out their missions in our communities. From marketing plans, to accreditation training, and website development, these grants will increase services and add resources where they are needed the most.

The Board of

Awards also included funding for urgent needs in our communities, with a total of seven requests funded for food pantry purchases, emergency home heating fuel, and utility shut-offs. "We normally see lots of requests for urgent needs this time of year, with this fall being no exception. Donors giving through the community foundation also stepped up to the challenge of providing partial funding for a multipurpose building for the homeless, reported Radke."

The grant awards included \$21,975 in funding for projects that will impact Charlevoix County youth in a positive way. The grants were recommended by the foundation's Youth Advisory Committee (YAC). "The students on the YAC know that when they review grant proposals, they are representing all youth in Charlevoix County. They take this role very seriously and consider each proposal accordingly" said Mishelle Shooks, who coordinates the Youth **Advisory Committee**

on the foundation's behalf. "Their attention to detail and their ability to cohesively work together to recommend Youth Fund allocations is beyond impressive," she added, noting,

"This is an exceptional

group of teens." Grants in the recent cycle supported programs in the arts, education, community development, the environment, human services, health and wellness, recreation, youth services and more. The foundation's endowed funds provide the resources for grantmaking to occur. "The community foundation's reach expands every year," said Chip Hansen, the Foundation President. "We are so grateful to so many friends of the community foundation, whose generosity allows us to meet so many needs, and make so much good work possible."

A charitable organization dedicated to improving and enriching life in the area, the Charlevoix County Community Foundation accepts gifts from individuals, families, businesses, and civic groups and manages them as permanent endowments. The principal of the endowment continues to grow, providing perpetual charitable capital to benefit Charlevoix County's residents and nonprofit organization.

Since it was founded in 1992, the foundation's net assets have grown to more than \$29 million, and grants and scholarships totaling more than \$13.8 million have been distributed for the common good.

The foundation welcomes inquiries and grant requests. The next deadline for submitting a grant request is Monday, March 2, 2015. For a complete list of the recent grant awards, visit the foundation's website at www.c3f.org and click on "What's New," then "Recent Grants."

News

Spending with a purpose

Hospice of Northwest Michigan has joined #GivingTuesday, a first of its kind effort that will harness the collective power of a unique blend of partners—charities, families, businesses and individuals—to transform how people think about, talk about and participate in the giving season. Coinciding with the Thanksgiving Holiday and the kickoff of the holiday shopping season, #GivingTuesday will inspire people to take collaborative action to improve their local communities, give back in better, smarter ways to the charities and causes they support and help create a better world.

Taking place December 2, the Tuesday after Thanksgiving, #GivingTuesday will harness the power of social media to create a national movement around the holidays dedicated to giving, similar to how Black Friday and Cyber Monday have become days that are, today, synonymous with holiday shopping. "#GivingTuesday is a counter narrative to Black Friday and Cyber Monday because it reminds us that the spirit of the holiday giving season should be about community and not just consumerism," said Kathy Calvin, CEO of the UN Foundation. "The most meaningful gift we can give our

children, loved ones, friends and neighbors is the commitment to work together to help build a better world.'

Hospice of Northwest Michigan joined the #GivingTuesday movement as a way to channel the generous spirit of the holiday season and to inspire action around charitable giving. Those who are interested in joining the Hospice of Northwest Michigan's virtual #GivingTuesday initiative can visit www.hospicenwm.org and click on the Donation button. You are also invited to join and share our Facebook virtual event at Hospice of Northwest Michigan's Facebook page hospice.nwmi@facebook.com and post your "Unselfies". These are photos of yourself pledging to give. "On Black Friday and Cyber Monday, we shop for gifts to give to people we care about. This movement inspires us as a community to give to causes we care about. So I challenge each of you to give to a cause as a gift to those you care about. Charitable giving keeps on giving for so much longer than just a holiday season" said Amy Wieland, Executive Director of Hospice of Northwest Michigan.

Today, more than 10,000 organizations have joined the movement and are providing creative ways people can embrace #GivingTuesday and collaborate in their giving efforts to create more meaningful results.

"It's been a privilege to work with remarkable leaders all over the country building a movement around #GivingTuesday," said Henry Timms, 92Y's Executive Director. "This initiative has truly been crowd-sourced by some of the smartest and most connected minds among the next generation of philanthropists and entrepreneurs." For more details about the #GivingTuesday movement, visit the #GivingTuesday website (www.givingtuesday.org), Facebook page (https://www.facebook.com/ GivingTuesday).

The Health Department of Northwest Michigan is mandated by the Michigan Public Health Code to promote wellness, prevent disease, provide quality healthcare, address health problems of vulnerable populations, and protect the environment for the residents and visitors of Antrim, Charlevoix, Emmet, and Otsego counties. For additional information about Hospice of Northwest Michigan, call (800) 551-4041 or visit www.hospicenwm.org.

Deck the Halls...with Gratitude



By Alexis Kaczynski, **Director, North Country Community Mental Health**

The holidays are

upon us and, for many, the season of good tidings and cheer ushers in feelings of loneliness and despair. Unfortunately, there are many of us who will not be surrounded by caring family and friends. There are those who have lost loved ones and, with their death, long-standing traditions are discarded. Others experience the changes of family growing up and moving away. Not everyone's holiday season looks like a Norman Rockwell painting with carolers singing, postal workers delivering presents and friends and family arriving to share good times. What is to be a joyous season is instead filled with feelings of sadness and grief. This is a time that can challenge a person's mental, emotional and physical health.

While the weather may be bleak, there are some things we can do to brighten the holidays for others and ourselves. Psychologists at the University of California have conducted numerous studies on happiness. Their research concludes that expressing gratitude and deliberately focusing on things for which we're thankful will lead to a happier life.

Exchanging gloomy thoughts and downheartedness for feelings of gratefulness is a process which can be learned and practiced. Regular gratitude practice leads to a more optimistic attitude, greater resiliency, and increased capacity to cope with life's challenges.

Taking the time to express your thankfulness to others begets positive feelings, both to the person receiving the message as well as the sender. By deliberately seeking opportunities to be grateful, we are practicing an

intrinsic motivation that leads to happiness. We develop a more positive attitude that makes the world more vibrant, better.

For some, tangible reminders are a way to begin the process of acknowledging those things for which they can be grateful. Journal entries provide a simple way of tracking daily occurrences and people for whom we are thankful. Others suggest keeping a "gratitude jar" which is to be filled with slips of paper expressing things for which one is grateful. Still others find a prayer ritual of "counting their blessings" works best. Expressing gratitude can be as simple as telling someone in the grocery store you appreciate their carrying your groceries to the car, or doing something small but meaningful for the person at the library who helps you, or letting a neighbor know you are there for them if they need anything.

Regardless of how you choose to implement it, taking the time to reflect on the things and people for which you are thankful will lead to a happier and fuller life. It will also inspire others to consider the positive aspects of their lives and perhaps lead to the joyous feeling of the holidays throughout the year.

Mancelona Food Pantry & Resale Shop is a win-win organization

By Jim Akans

It's truly a win-win organization. The Mancelona Food Pantry & Resale Shop is both an excellent spot to find quality, used items of virtually any kind, and the proceeds from sales at the Resale Shop help to support the ongoing mission of the Mancelona Food Pantry in providing food for area families in need.

"The Food Pantry serves families throughout Antrim County," states Edith Plumb, a volunteer at the establishment and Secretary of the Board. "It was founded about 10 years ago and is ran by a very dedi-

cated group of volunteers. We

serve approximately 200 fami-

needs each month, which translates into approximately 700 individuals.'

lies in assisting with the food

Proceeds from sales at the Resale Shop greatly assist in serving those family's needs. Highlights of the donated items available include just about every type of household article; including furniture, nick knacks, dishes and tools. Shoppers will also find a wide selection of toys, yard equipment such as lawn mowers, grills and even snow shovels. These goods are donated by local individuals, businesses and those from downstate who have summer residences in the area.

story building that was once a church. Inside, customers will find two levels devoted to resale displays, and one floor level for the food pantry and fellowship hall.

"It is a very nice environment," relates Edith Plumb. "Our mission is getting more and more important all the time as more people are in need of assistance with the food needs. We are part of the Northwest Michigan Action Agency Food Coalition, with is a group of about 40 food pantry's in the area that cooperate with each other in staying informed about the issues affecting us."

The Mancelona Food Pantry

N. Maple Street in Mancelona. The Resale Shop is open Tuesday through Friday from 9 am until 4 pm, and Saturday from 9 am until 2 pm. The Food Pantry is open Tuesday through Thursday from 9 am unit 4 pm. For additional information, please call (231) 587-9606.

The Mancelona Food Pantry & Resale Shop is located at 201 N. Maple Street in Mancelona, and is both an excellent spot to find quality, used items of virtually any kind, and the proceeds from sales at the Resale Shop help to support the ongoing mission of the Mancelona Food Pantry in providing food for area families in need. Cour-





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Hidden Treasures

Northern Michigan Treasure Hunter's Guide to area antique, consignment, resale and thrift shops

BOYNE CITY

Challenge Mountain Resale Store 01158 M-75 South, Boyne City

231-582-6966 Open M-Sat. 9:30 - 5:30

CHARLEVOIX

Bergmann Center Resale Shop

8888 Ance Road, Charlevoix 231-547-9624 www.bergmanncenter.org

Kelly's Antiques & Furniture Barn

06176 Old US 31 S., Charlevoix 231-547-0133

www.dkellyantiques.com

EAST JORDAN

Crossroads Resale Shop

205 Water Street., East Jordan 231-536-7606 Open Tuesday thru Saturday

ELLSWORTH

Good Samaritan Furniture & More Store

6519 Center St., Downtown Ellsworth 231-588-2208 thegoodsam.org

Good Samaritan

9746 Main Street, Ellsworth 231-588-2208 thegoodsam.org

FREDERIC

Pineview Military Surplus 7328 Old 27 North, Frederic 989-348-8300

GAYLORD

A-2-Z Resale

1829 Old 27 South, Gaylord 989-732-9500

Angels at Work Resale 1523 S Otsego Ave., Gaylord 989.448.8615

Goodwill Retail and Donation Center 1361 Pineview Dr. (near Lowes), Gaylord 989-705-1747. www.goodwillnmi.org

Salvation Army Family Store 919 S. Otsego Ave., Gaylord 989-448-2357

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Mancelona Food Pantry & Resale Shop 201 N. Maple St., Mancelona 231-587-9606

MIO

Strawberry Patch Downtown Mio 989-826-1503

PETOSKEY

Challenge Mountain Resale Store 2429 US31 North, Petoskey 231-348-3195 •Open M-Sat. 9:30-5:30

Goodwill Retail and

www.goodwillnmi.org

Donation Center 1600 Anderson Rd., Petoskey 231-348-6947



Sampling of handmade ornaments be Cynthia Tschudy available at the JRAC gift market.

Gift Market opens

EAST JORDAN - The 2014 Annual Members Art for Sale has a new name and a new look. It is now called JRAC Gift Market informing patrons of the arts that it is a sale not just for members but for any person looking for one of a kind original gifts. This is one of JRAC's significant fund raising events.

With many years of success indicate that people enjoy purchasing one of a kind art pieces as Christmas and holiday gifts. A wide variety of items are included from holiday cards, prints, painting, toys, wearable items, ceramic and sculpture. Prices will range

from \$5 to several hundred. There will be a beautiful Fraser fir tree from McPherson Evergreens to showcase the many ornaments for sale. Also, for sale will be a beautiful Doug Delind ceramic wall hanging donated to JRAC by Nancy and Dick Cunningham.

The opening reception will be Sunday, November 23 from 1 — 4 pm, Jordan River Art Center, 301 Main St, East Jordan. The show will close Friday, December 19. This is a show not to be missed. For further information contact curator, Babs Young, 231-645-2220 or email at.

Local Food Hero honored

David Coveyou, owner of Coveyou's Scenic Farm, received the 2014 Local Food Hero award on November 12 at Around the Table: Growing Together, the second food and farming conference sponsored by North Central Michigan College and the Local Food Alliance (LFA). Local Food Alliance members submitted nominations and comments, praising Dave as a "renaissance farmer-engineer who dedicated his life to providing our community with the high quality food to feed not just our bodies, but our minds and souls, our relationships and community." LFA members praised Coveyou for training young farmers, using geo-thermal and solar energy on his farm, and partnering with businesses, institutions and stores to get more local farm prod-

ucts into the community.

More than eighty people attended the conference which focused on ways to increase the economic viability of area farms and increase the availability of healthy, nutritious local food. Speakers included: Michelle Walk, MSUE with the UP Food Exchange, Brandon Seng and Mark Coe with Goodwill's Farm-to-Freezer Program, and Wendy Wieland and Rob Sirrine with MSUE and Traverse City's Food Hub. All spoke of the need to support local farmers as a critical economic issue. Creating jobs, keeping money in the community, feeding and educating kids about healthy food, developing strong community partnerships were the themes of the evening. They outlined creative programs in their regions to support farmers and food producers.

Sponsors of the events, along with North Central Michigan College, included: ISLAND—Institute for Sustainable Living, Art and Natural Design, Petoskey-Harbor Springs Area Community Foundation, Grain Train Natural Foods Market, MSU Extension, Taste the Local Difference – Michigan Land Use Institute, USDA's Farm Service Agency and McLean & Eakin Booksellers.

North Central's Iron Horse Café chef, Jamee Fry, prepared a local foods dinner with donations from Bill's Farm Market, Grain Train Natural Foods Market, Blackbird Gardens and Crooked Tree Breadworks.



The Northern Michigan Chorale Fall Concert is this Saturday and Sunday, November 22nd and 23rd.

Northern Michigan Chorale Fall Concert

By Jessica Boyce

The Northern Michigan Chorale is holding their Fall Concert this Saturday and Sunday, November 22nd and 23rd, at Petoskey High School. The show times are November 22nd at 3:00 pm and 7:30 pm, and November 23rd at 3:00 pm.

The theme of the concert this year is "Music has Brought us Together." Music included will be selections from The Sound of Music, George Gershwin's "Fascinating Rhythm," and "Strike up the Band." Also included is a Don Large arrangement of "When the Saints go Marching in," and several patriotic numbers including "Battle Hymn of the Republic."

Julie Pierpont is the Director, and Howard Richards is joining them as an accompanist. The singers themselves are from all over Northern Michigan including Petoskey, Alanson, Cheboygan, Boyne Falls, Gaylord, East Jordan, Charlevoix, Wolverine, Indian River, Pellston, Walloon Lake, Boyne City, Mackinaw City, Harbor Springs, Levering, and Carp Lake. There will also be performances by some soloists and small groups from within the Chorale.

The Northern Michigan Chorale got started around 31 years ago with Don Large as the Director. Don was from Detroit and had choral groups at radio station WJR and the University of Detroit. He passed away in

1988 and then other Directors such as Connie Tanner, Will Moyer, Jerry Westerman, and Julie Pierpont filled his shoes. Some of the accompanists for the Chorale include Bea Thomas, Kris Anderson, Sally Page, and Howard Richards.

Tickets for adults are \$10 and kids 12 and under are \$7. You can call the Petoskey Regional Chamber of Commerce for tickets or you can go to nmchorale.org and order them online. You can also get them from any Chorale member if you happen to know someone in the group. Join them this Saturday or Sunday for a great show.

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JRAC 24th Holiday Arts and Craft Fair Successful

The Jordan River Arts annual Arts and Crafts Fair deemed successful, not only by the Board of Directors but also by most of the vendors and the buyers. Over 1500 persons came through the door with many very pleased with their purchases. Of the fifty three vendors many renewed their place for next year's fair. There was a great variety of original items with awards given in two categoriesbest Individual Item and most Creative Set Up. Best Individual item first prize was given to Les Vander-Meulen for a three foot hand carved motorcycle with over 20 types of wood being used. The second prize for best individual item went to Elsie Vredenberg for her turkey quilt. First prize in the most creative set up was given to Wendy Corona for her "Antique Christmas" displays. She used antique or recycled items and decorated each with silk flowers and Christmas decorations. The second prize in most creative setup went to Kari Morningstar for "Imagine that Originals." Rusty Hart, artist and member of JRAC was the judge.

It should be noted that JRAC had their own booth. They were selling several different items. High sales were for the seed packets. Patrons selected seed of flowers, lettuce, and herbs, placed in envelopes. Each envelope was decorated with art work from the sketchbook exhibit. These packets will also be available in the



JRAC Gift Market opening November 23 running through December 19 at the Jordan River Art Center. Also of note for sale were the caramel apples donated by Kilwins of Charlevoix. The gourmet lunch is always a big hit with plans already started for next year,

The JRAC Board owes a big thank you to the East Jordan High School for the use of the facility, to the many persons helping whether members,

friends or students, to the vendors both the faithful and the new, and to those in attendance whether buying something or just enjoying the outing.

This event is one of the major fund raising events for JRAC with much of the funds used for scholarships.

LETTERS TO THE EDITOR

Letters may be submitted by e-mail to office@CharlevoixCountyNews.com.

31ST ANNUAL CHARLEVOIX COUNTY CROP WALK

To the Editor:

Thank you to over 100 walkers and helpers who participated in the 31st Annual CROP Walk which was held on Saturday, September 27. Charlevoix Country raised more than \$23,858.00 for hunger relief agencies

at home and around the globe. Over

\$6000.00 will be shared by six local food pantries.

Thank you to Castle Farms, Elm Pointe, Ironton Congregational Church, East Jordan Area Chamber of Commerce, Michelle Nowka from At Your Service, Good Samaritan, Charlevoix Sherriff Dept, East Jordan Rotary Club for proving lunch and to Barb Worgess, Connie Nowka and Michayla Nowak for preparing and serving lunch.

Special thanks to an Anonymous donor for their continued support through the Charlevoix County Community Foundation.

The 32nd Charlevoix Crop Walk will be held Saturday, September 26, 2015.

Marge Teske Charlevoix County Crop Walk

News

Permanent hair removal is not just for women

By Tina Sundelius

CHARLEVOIX - Beginning Veterans Day 2014, Charlevoix Permanent Hair Removal LLC is offering a continuous 10% discount and free initial consultation to Veterans.

Charlevoix based, state licensed electrolysis Karen Ferber knows that although beauty is a concept everyone understands, it's expressed differently by each individual. A person's sense of personal beauty is based on their insight into who they uniquely are. Sometimes people feel that excess facial or body hair conceals that potential. Ferber believes she provides a service that helps people become more confident and ultimately better equipped to reach their potential and who deserves a boost in confidence more than our military.

"I recently met a young women who served our country in the military and wanted to help her out," said Ferber. "Then I thought how about a discount for any veteran?" Ferber adheres to a belief that when a person feels attractive, they have a more vibrant and fulfilling life and sometimes they need assistance to enhance their appearance so they can be truly comfortable with their selves and embrace life more fully. "I want to help you express your finest self," she said.

The service Ferber provides is not exclusive to women. Some men just naturally have too much body hair for their own sense of style or their partner's taste and that may interfere with a well groomed appearance which is important in business as well as socially. "If you're not someone who cheerfully tolerates a time-consuming hair maintenance routine then the permanent solution I offer is what you're looking for," she

Electrolysis was invented by a physician 100 years ago to treat a patient with an ingrown eyelash. A fine wire probe is inserted into a hair follicle and then electric current is used to cauterize the papilla, or blood supply to the hair. Charlevoix Permanent Hair Removal has been open for 25 years offering safe alternatives to time consuming hair removal rituals.

Most areas of the body can be treated with electrolysis, including the evebrows, face, abdomen. thighs, breasts, and legs. There are no permanent side effects. but sometimes a temporary, slight reddening of the skin may occur. "I like helping people feel better about themselves, giving them confidence and I love meeting new people," she said.

Call Karen for a free consultation at 231-547-9025.

CHARLEVOIX CITY COUNCIL, NOVEMBER 17, 2014

Paint It Red

By Norma Jean Babcock

CHARLEVOIX: At the regular meeting of City Council on Monday council members old and new made several resolutions to help the city acquire grant funding that will aide with several projects throughout Charlevoix.

At the start of the meeting two grants were brought before council by the Charlevoix Historic Society that will help fund painting the lighthouse on South Pier in 2016. Historic Society representative Denise Fate came before council to explain that painting the lighthouse will be necessary as the current paint is fading quickly. Fate explained to council that the city owns the lighthouse, but due to a contract the Historic Society maintains the lighthouse. However, in order for the Historic Society to fund maintenance, the lighthouse has to be the colour it was

during its time of "historic significance." That time period was between the years of 1948-1955 at which time the lighthouse was red.

Unfortunately when the lighthouse was last painted the paint was chosen that fit current regulations but has faded quickly. Therefore, two grants offered by the Michigan Lighthouse Assistance Program (MLAP) came before council to support the repainting of the structure.

One grant would offer \$3,600 for planning and the other would give \$12,700 for rehabilitation. For planning, the Historic Society will match the grant with \$1,800 and for rehabilitation they will match with \$6,350. In addition to the grant moneys for planning and labor costs, the local Sherwin Williams will be donating the paint for the lighthouse which is of better quality. Council approved both resolu-

tions, and the project is scheduled to begin in 2016.

Another grant came before council to help reimburse costs from last year's water main freezes. City Manager Rob Straebel presented the Urgent Need Grant Agreement to council which will reimburse \$114,299 to the City for the costs associated with repairing the mains and other damages caused during the harsh winter of 2013.

The money is offered by the Michigan Strategic Fund Grant and will cover roughly 50% of the costs accrued last year. Straebel stated at the meeting that city staff is also pursuing funds through FEMA to cover the other half of expenses. Council approved of accepting the grant money at the meeting.

In other council news, Jeffrey Porter was elected Deputy Mayor by newly elected City Mayor Gabe Campbell. Council



ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

The lighthouse on South Pier will see a fresh coat of paint in 2016 according to the Charlevoix Historic Society.

also determined to keep regularly scheduled meetings on the first and third Monday of each month at 7:00 p.m. in council chambers. With the resignation of Arlene Staley from the Board of Review, council appointed Charlevoix citizen June Cross to the board, and newly elected council man Bill Supernaw to the Board of Review to replace previous member Lyle Gennet. The next meeting of City Council is scheduled for December 1, at $7:00~\mathrm{p.m.}$ in council chambers.

BANKS TOWNSHIP MEETING, NOVEMBER 17, 2014

Township approves fire services and township hall upgrades

By Tina Sundelius

ELLSWORTH—Extended fire services to Norwood township was approved and upgrades to the hall were discussed at the November 17 Banks Township Board meeting.

A contract between the Banks Township Fire Department and Norwood Township was approved. The two year agreement provides fire services at a cost of \$13,000 per year. "We will want to encourage a much longer term thereafter but we need to find out if we're going to take a beating on this," said Supervisor Thomas Mann.

The newly appointed Township Hall Committee gave report on the electrical upgrades for the upstairs banquet hall. The wiring placement, new dimmable lamps and sconces are still the topic of much research but a plan of what sort of lighting and wiring changes was explained to the board in detail. The electrical upgrades are the first stage of a three phase improvement plan. Phase one includes electrical upgrades, two is new insulation and phase three are renovations including an archway and wheelchair lift. They asked for the board's approval to hire an electrical firm up to \$5,500 to begin stage one and seek out an engineer to prepare for stage three. Approval was granted. An additional motion to compensate the



David Draper approached the board to ask for minimal assistance with deterioration of N. Dennis Road

three member committee \$25 per meeting was also approved.

The board agreed to submit \$415 in medical bills from Charlevoix Area Hospital to workers compensation. The bill was incurred when one of the EMTs was slightly injured while attending to a patient. "There were some lab tests to determine that there was no communicable disease," said Clerk Donna Heeres.

The meeting opened with public comment. Resident David Draper addressed the board concerning the condition of North Dennis Road. In 1994, Draper, the county and the township split expenses to improve the seasonal road with the understanding that Draper would maintain it which he has done for the last twenty years. However, the condition of the road had grossly deteriorated in recent years. "I'd like to see if there is something we can work out," he said. Draper has a

farm with three employees and two other homes are on the mile stretch of road. "We've never had these

The next board meeting is

Charlevoix Man Sentenced for Shooting **Neighbors Dog**

CHARLEVOIX: In a recent 90th District Court decision Judge James when Gibbons shot a neighbors dog.

In a complaint filed with the 90th District Court on May 26th, Gibbons was charged with Abandoning/Cruelty to One Animal Resulting in the Animal's Death. The charge indicates that Gibbons "cruelly (drove) or beat an animal, or negligently allowed an animal to suffer unnecessary neglect, torture, or pain and it resulted in the animals death."

This charge was considered a misdemeanor with a maximum penalty of 1 year, a \$2,000.00 fine, and up to 300 hours of community service or a combination of the

Gibbons was accused of shooting euthanize the creature. Gibbons voluntarily turned himself in after the

Gibbons sentence included 365 days in jail, with 10 days of commuand 355 days in abeyance. He will serve 6 months of probation and \$377 in restitution.

BOYNE CITY POLICE DEPT.

MONDAY. NOVEMBER 3RD

block of E Water St, static on line. Business secure. Secure.

in the 1300 block of Boyne Av 1330Report of a larceny from the Avalanche Archery range.

1812Suspicious package located in the 200 block of S

block of N Lake St

2203Suspicious subject in the 300 block of E Division St 2215Driving complaint, Divi-

2230Assisted Sheriff Dept with warrant arrest in the Indus-

TUESDAY, NOVEMBER 4

0910Vehicles egged in the 500 block of N Lake St overnight.

out at Park and Water. Temp stop signs put up 1110Civil complaint in the

1046Power out. Traffic lights

600 block of E Main St 1146Private property damage

accident at Bay Winds 1416Civil complaint in the

block of Front St

Clute Rd E

2324Civil complaint in the 300 block of E Division St **WEDNESDAY NOV 5**

subjects on Beardsley St. block of N Lake St

block of N Lake St

block of N Lake St 1059Arrested subject on warrant in the 300 block of N Lake

100 block of E Water. 2 vehicles both parked over the 2

in the 500 block of N Lake St 1417Civil complaint in the 600 block of E Main St 1452Civil complaint in the 600 block of E Main St

1926Assist to East Jordan PD in the 600 block of E Main St 1900Dispatched a deer on

THURSDAY, NOVEMBER 6TH

1011Report of missing boat

in the 300 block of N Lake St. 1120Assist EMS in the 1200 block of Boyne Av

0940Assist citizen in the 300

0950Assist citizen in the 300

found trailer plate 1025Assist citizen in the 300

and Lake St

1216CSC complaint occurred 800 block of Hull St.

0851Report of lost driver's li-

1159Threats complaint in the 300 block of E Division St

block of E Division St 1531Private property damage

accident reported in the 1000 block of Boyne Av

of River St

1600Report of suspicious subject hiding behind a tree at

North and Jefferson 1802Vehicle unlock at 1100

the shelter. 1955Driving complaint reported on M-75 S.

2001Request for vehicle unlock in the 400 block of N Lake

OWI stop on Old State Rd.

SATURDAY NOVEMBER 8

0125Threats complaint received in the 300 block of E Division St

0801Violation of Bond Conditions in the 300 block of N Lake drainage problems before," he said. The board agreed to get a bid on the cost of fill from the road commission and asked Draper to see if the other residents can help out since he will be doing all the work. The county no longer pays anything for seasonal road improvements. Board members are concerned about setting a precedent and have directed the clerk to look at how many seasonal roads are located in the township and what has been done in the past. They asked Draper to return to the December meeting. No other action was taken.

A motion to hire C2AE engineering firm to assist in the application process for a grant to improve Banks Township Park was approved.

set for December 15 at 7 p.m.

By Norma Jean Babcock

Erhart determined what sentence Charlevoix man James Jerome Gibbons, 83, will face for an incident that occurred in May of this year

three.

his neighbor's do with a pellet gun. Once shot the animal became paralyzed which required the owners to charges were authorized, but was released on a \$400 cash bond.

According to authorities, the sheltie had wandered onto the lawn of Gibbons but wasn't causing disturbance.

nity service work in lieu of jail time pay \$725 in fines and costs as well as

0515911 hang up in the 100

1313Report of a gas drive off 1555Assist citizen in the 300

Lake St

sion/Pleasant.

600 block of E Main St 1520Vehicle unlock in the 100

1758Assist Sheriff Dept on

0622Report of 2suspicious

1024Citizen in to pick up

1135Vehicle unlock at Main

1140Parking complaint in the

1143PIA in the 400 block of N St

Lake St. Citation issued for

Careless Driving

1235Assist citizen in the 300

FRIDAY, NÓVEMBER 7TH 0351Alarm in the 100 block

0815Report of dead deer in the 800 block of State St 1005Probation violation reported in the 300 block of S

block of S Lake St. 1807Assist Sheriff Dept in the

1906Lodged a stray dog at

2312Assist Sheriff Dept with

1007Assist Sheriff Dept with CDA that occurred on M-75 N

1101Suspicious situation in the 300 block of E Main 1201Car deer accident on State St

1207Vehicle unlock at the recycling center.

SUNDAY NOV 9 0206Noise complaint in the 300 block of E Division. 0348911 hang up in the 700

block of Spring St. 1059Assist Sheriff Dept with an accident on Thumb Lake Road near Slashing.

1541Gasoline drive off from

the 400 block of N Lake St.

CHX. COUNTY SHERIFFS DEPT.

November 10-16 911 Hang Up Call1 Abandoned Vehicle.....0 Abuse0 Alarm5 Animal Complaint13 Annoyance.....0 Assault......0 Assist Citizen2 Assist Motorist......3 Assist Other Agency8 Attempt to Locate.....1 Attempted Suicide0 Bank Alarm0 Boating Accident0 Boating Violation.....0 Breaking & Entering1 Car/Deer Accident25

Citations Issued6

Death.....0 Disorderly Person0 Disturbance1 DNR Complaint.....2 Domestic Dispute0 Driving Complaint4 Fireworks Complaint.....0 Found Property.....1 Fraud1 Health & Safety1 Hit & Run2 Intoxicated Person.....0 Juvenile.....2 Larceny1 Lockout.....9 Lost Property0 Malicious Destruction of Property...0 Mental Subject.....1 Minor In Possession1 Miscellaneous Criminal.....0 Missing Person0 Noise Complaint1 Operating Under the Influence......0 Paper Service7 Parking Violation.....1 Personal Injury Accident4 Personal Protection Order0 Private Property Accident1 Property Check.....44 Property Damage Accident......30 Prowler0 Road Hazard.....9 Stalking.....0 Suspicious Situation.....4 Threat0 Traffic Stop14 Trespassing.....1 Unknown Accident.....2 Unlawful Driving Away of Automobile Vehicle in the Ditch Violation of Controlled Substance

Act0

Civil Complaint7

Criminal Sexual Conduct1

NEWS ROLL OVER

ACCIDENT ON BEAVER ISLAND: On Wednesday, November 12, 2014, at approximately 1300 hours, Beaver Island Deputy Nicole Smith responded to a one vehicle roll over accident on West Side Drive near Fox Lake Road in Peaine Township. Sixty-two year old Island resident, Jotty Crosswhite, was southbound on West side Drive, driving a 1996 Geo Tracker when he lost control on icy roads and struck an embankment and rolled the vehicle onto the drivers side. Beaver Island EMS and the Beaver Island Fire Department assisted. Jotty was transported to the Beaver Island Medical Center for minor injuries, he was treated and re-

ROLLOLVER ACCIDENT ON US31 S.

On Novmber 12, 2014 at ap-

proximately 18:20 hours, the Charlevoix County Sheriff's Office responded to a one car rollover injury accident on US-31 S. near Ferry Road in Norwood Township. The driver, 86 year old Merlin Roberts of Charlevoix, lost control on icy roads before going off the roadway and rolling his vehicle. Roberts was transported to the Charlevoix Area Hospital with non-life threatening injuries. The passenger, 78 year old Alice Jolliffe of Charlevoix, was not wearing a safety belt and was transported to McLaren Northern Michigan Hospital with minor injuries. Speed and icy road conditions contributed to the crash.

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Charlevoix County Commission on Aging

"The mission of the Charlevoix County Commission on Aging is to provide the highest quality senior services in partnership with the community. We focus our efforts on advocacy and support for seniors and their caregivers by promoting health, wellness, and education to achieve a dignified and enriched quality of life."

218 W. GARFIELD ST., CHARLEVOIX, MI 49720

Phone: (231) 237-0103, Toll Free: (866) 428-5185 Fax: (231) 237-0105

Office Hours: Monday - Friday 9AM-5PM

COA BOARD

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LOCAL SENIOR CENTER CONTACT INFORMATION **Beaver Island Center:**

Ann Partridge 26215 Main St, BI, 49782 231-448-2022

Boyne Area Senior Center:

Terri Powers

411 E. Division, PO Box 964 Boyne City, MI 49712 Phone: 231-582-6682

Charlevoix Senior Center:

Nona Jadwin 06906 Norwood Road Charlevoix, MI 49720

Phone 231-547-5361

EJ Community Center

Brenda Skop 116 Main Street, East Jordan, MI 49727, Phone: 231-536-7831

THE COA OFFERS THE **FOLLOWING SERVICES:**

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WEBSITE ADDRESS:

www.charlevoixcounty.org/coa.asp

Medicare Open Enrollment – Part 2

This is the second of a 2-part series concerning the Medicare Open Enrollment process that runs each year from October 15th through December

Last month, in part 1 of this series, I incorrectly stated in the title of the article that it was about the "Medicaid Open Enrollment". It should have read "Medicare Open Enrollment". I apologize for any confu-sion that this may have caused.

In this article, I will discuss the information that has recently been released by Medicare about the Part D drug insurance plans for 2015.

Following are some of the significant changes:

G There are a total of 31 drug plans available to Michigan Medicare beneficiaries, three less than in 2014.

G One of the plans, the SmartD Rx Saver (called SmartD Rx Plus in 2014), is currently sanctioned by Medi-care, making it unavailable for new subscribers until further notice. Current members are permitted to re-main in the plan for 2015.

G Part D plans that have an annual drug deductible can increase it by \$10 up to a maximum of \$320.

G The donut hole will go up by \$110 to \$2,960. When the full cost of medications reach this amount dur-ing the year, subscribers will enter the donut hole which results in a higher cost for their drugs. Those who enter the donut hole in 2015 will pay 45% of the total cost of brand name drugs and 65% of the cost of the generic equivalent. Those in the donut hole will find that their out of pocket cost

for brand and generic drugs will be down slightly from 2014. This trend will continue until the year 2020, when the out of pocket cost for brand and generic drugs will stabilize at a 25% copay.

G Four plans available in 2014 will not be offered in 2015. They are the Symphonix Rite Aid, First Health Premier Plus, Medicare Rx Rewards, and Health Markets Value plans.

Also, four drug insurance companies are re-assigning their members from one of their plan offerings to another plan within the same company. These companies are AARP, Cigna, First Health (Coventry) and Sil-ver-Script.

The Part D companies are required to notify their subscribers of all of these changes in the Annual Notice of Change mailing. Beneficiaries should already have received this information.

The list of plan offerings is long, but there is a very helpful process available that can be used to compare an existing drug plan with all of the other alternatives. The tool is called the Medicare Plan Finder. To do your own comparisons, or get some help with it, simply select one of the following options:

If you are comfortable doing your own research, visit the Medicare website at www.medicare.gov. Just click on the green box entitled "Find health & drug plans", and enter the information requested. You will be given detailed comparisons for each plan, sorted by lowest cost. Plan enrollment can also be done at the same website.

G You can call 800-Medicare (800-633-4227) and a trained customer service representative can assist you by furnishing you with plan options. Have your current medication list available when you make the call.

Also, you can call the Medicare/Medicaid Assistance Program (MMAP) at 800-803-7174. MMAP represent-atives will mail you out a prescription drug worksheet to complete and return. A certified Counselor will then review drug plan options, furnish recommendations for 2015, and assist you with the enrollment.

It is essential that beneficiaries have their Part D plans reviewed during the Medicare open enrollment period. As I've pointed out, the plan features and list of plans available constantly change. Also, a beneficiary's prescriptions can change each year. These variables often have a dramatic effect on the out of pocket cost for medications. Being in the plan that covers their medications in a cost effective manner can lower their cost. Once the open enrollment period closes on December 7th, subscribers are locked into their current plan for all of 2015, unless they are eligible for low income assistance.

By: Jim Verville, Region 10 Coordinator

Michigan Medicare/Medicaid Assistance Program Area Agency on Aging, Traverse City, Michigan

BOYNE AREA SENIOR CENTER ACTIVITIES

Thursday, November 20 Wii Bowling

Friday, November 21 Birthday Day! 11am O.J. Adkins Raffle

Monday, November 24 | Tuesday, November 25 Line Dance Brown-Bag Bingo Gift Certificate Prize

Brown-Bag Bingo -Free Lunch Prize

Wed., November 26

Thursday, November 27 CLOSED... HAPPY THANKSGIVING!

CHARLEVOIX SENIOR CENTER ACTIVITIES

Thursday, November 20

11am Chair Yoga Class 1pm Pinochle

Friday, November 21 9:30am Craft Class 1pm Rummy

Monday, November 24 1pm Bridge 1pm Woodcarving 7pm Bible Study

Tuesday, November 25 11am Chair Yoga Class 1pm Paint Člass . 1pm Rummy

Wed., November 26 Birthday Day! 12:45pm Bingo

Thursday, November 27 CLOSED... HAPPY THANKSGIVING!

EAST JORDAN SENIOR CENTER ACTIVITIES

Thursday, November 20 KARAOKE DAY!

Friday, November 21 11am Dollar in the Jukebox Bake Raffle—everyone bring something!

Monday, November 24 8am-1pm Walking M-F

Tuesday, November 25 10:30am Line Dancing 12:30pm Bingo

Wed., November 26 **GAME DAY!**

Thursday, November 27 CLOSED... HAPPY THANKSGIVING!

CHARLEVOIX COUNTY SENIOR CENTER MENU

Thursday, November 20 PORK CUTLET w/GRAVY

Friday, November 21 **MEATLOAF**

BREAKFAST

Monday, November 24 | Tuesday, November 25 SALISBURY STEAK

Wed., November 26 COOK's CHOICE

Thursday, November 27 CLOSED...

HAPPY THANKSGIVING!

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Charlevoix County Transit System

6am-7pm Monday-Friday

HOURS OF OPERATION 9am-4pm on Saturday 231-582-6900



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